



*The Dena'ina Wellness Center*

## Henu' Community Wellness Court

### About Us

The Henu' Community Wellness Court is a post-plea pre-sentence jail diversion program for people struggling with substance abuse issues. Participants maintain consistent contact with their probation officer and court team, participate in frequent random drug screenings, and complete substance abuse treatment as well as any needed mental health treatment.

The court's primary goals are to reduce recidivism rates and improve the lives of our participants, building a safer and healthier community.

### Contact Us

Terri Telkamp  
Project Coordinator, Alaska Court System  
Phone: 907-283-8552  
Email: [ttelkamp@akcourts.us](mailto:ttelkamp@akcourts.us)  
Web: [www.kenaitze.org](http://www.kenaitze.org)  
[www.courts.alaska.gov](http://www.courts.alaska.gov)



**HENU' COMMUNITY  
WELLNESS COURT**  
508 Upland St.,  
Kenai, AK 99611



## HENU' COMMUNITY WELLNESS COURT

*A collaboration between the  
Kenaitze Indian Tribe and  
Alaska Court System*



Kenaitze Indian Tribe Executive Council Secretary Liisia Blizzard signs an agreement as Kenai Superior Court Judge Anna Moran, Kenaitze Indian Tribe Chief Judge Kim Sweet and Alaska Court System Deputy Director Doug Wooliver, right, look on.

## What is this court?

The Henu' Community Wellness Court is a collaboration between the Kenaitze Indian Tribe and the Alaska Court System. It is a drug and alcohol court that focuses on a person's entire wellness, going beyond substance abuse treatment. Among the court's many focuses are:

- Treating and healing substance abuse
- Restoring ties to the community
- Restoring relationships with family and friends
- Increasing a person's self sufficiency
- Breaking the cycle of recidivism
- Work with OCS to have children return to their homes sooner
- Giving back to the community through volunteer efforts

### This court is a four-phase program:

- Trust Phase: Orientation and Assessment
- Belonging Phase: Education and Service Planning
- Living Well Phase: Skill Development and Feedback
- Restorative Phase: Maintenance and Transition

In total, these phases take a minimum of 18 months to complete. The length of the program reflects a commitment to ensure that participants experience complete healing and restoration.

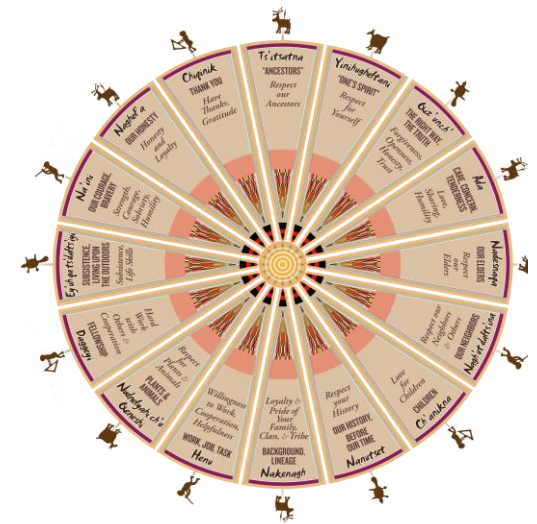
---

*"Henu' in the Dena'ina language means the willingness to work, to cooperate and to be helpful – and that is what this project embodies." – Chief Tribal Judge Kim Sweet*

---

### Expectations

- Attend meetings with your Probation Officer and court team
- Complete frequent drug screenings
- Participate in substance abuse treatment
- Participate in support groups
- Make a Life Change Plan
- Give back to the community
- Become a mentor to others



Kenaitze Traditional Value Wheel

The Traditional Value Wheel represents the Dena'ina way of life, and these values are applied to the Henu' program. It is the program's goal to encourage health, wellness and sobriety, bringing together family, neighbors and the broad community. By doing so, it is our hope that participants will live a true life and follow "Yaghalit Tinitun" – the Good Trail.

This program is an opportunity to truly change your life and be the person you know you can be. It is a chance to give back, to help not only yourself but others as well. We will work with you, help you, and walk with you down this trail.

Chiqinik – Thank you